



Association of Speech-Language Pathologists  
Federation of Professional Bodies  
The Professional Centre  
Sliema Rd.  
Gzira GZR 1633

## **Assessment and Treatment Using the SOS Approach to Feeding (SEQUENTIAL ORAL SENSORY)**

DATES: 26-29th March 2018

TIME: 8.30 TO 16.30

VENUE: The Palace Hotel, Sliema

Overview: When Children Won't Eat: Picky Eaters vs. Problem Feeders.  
Assessment and Treatment Using the SOS Approach to Feeding (SEQUENTIAL ORAL SENSORY)

### **3.75 DAY BASIC SOS APPROACH TO FEEDING TRAINING SEMINAR**

The Association of Speech Language Pathologists is proud to announce that it will bring to Malta for the first time the Day Basic Training Conference for professionals interested in learning about the SOS Approach to Feeding, brought through Toomey & Associates, Inc.

The 3.75 Day Basic Training Conference provides a comprehensive understanding of the theory of the [SOS Approach](#). It will also teach an in-depth understanding of how children learn to eat and to not eat. General and specific feeding treatment strategies, along with details regarding the assessment of feeding disorders will be covered as well.

#### **BASIC 3.75 DAY TRAINING CONFERENCE OBJECTIVES:**

1. Participants will be able to identify the major reasons why children won't eat, as based on learning theory principles.
2. Participants will be able to outline the necessary developmental skills for feeding, and the order of acquisition of those skills across time
3. Participants will be able to list current and historical - physical, behavioral, motor, oral-motor and sensory factors needing examination as part of a feeding assessment.
4. Participants will be able to implement SOS Approach to Feeding Program treatment strategies to be used for toddlers, young children and older children with developmental delays, in Group and Individual treatment formats.

The 4 days will cover :

- Prevalence, what do we know from the Research?
- Feeding Theory - How children learn to and not to eat, Developmental food continuum, Cognitive Development and Psychological Developmental stages.
- Motor Milestones and Oral-Motor Milestones
- Neurosensory and steps to eating
- Assessment of Feeding Problems



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- The SOS Approach to Feeding including Systematic Desensitization and Cues to Eating and use of language.
- Therapy strategies including child and parents
- Building a Food Hierarchy
- Managing Maladaptive Behaviors including Overview, Preventing “problem” behaviors basic intervention strategies –and Emotion Based Discipline

Course Tutors:

**Dr Kay A. Toomey, PhD**

(Pediatric Psychologist; President of Toomey & Associates, Inc.; Clinical Consultant to the Feeding Clinic at STAR Institute for Sensory Processing Disorder)

**Dr Erin S. Ross, PhD, CCC-SLP**

(Neonatal and Pediatric Speech Pathologist; Assistant Clinical Professor at University of Colorado; Faculty at Rocky Mountain University of Health Professions; President, Feeding FUNDamentals, LLC)

The Conference will run over 4 days.

Fees: **€620** Full Members with membership for 2017 paid or **€720** Non-Members

'Full Member' applies for paid up members of Association of Speech Language Pathologists (Malta), Malta Association of Psychiatrists and members of Organisations members in the Malta Federation of Professional Association.

'Non-member' applies to all others.

Arrangements can be made for payments to be split to allow participants to claim expenses through CPD/CME allowance as applicable.

Payment can be made by direct bank transfer, cheque or PayPal details are found in the relevant section in the online registration link given below.

Fee covers:

- 4 Full days training and handouts of all training material
- 2 coffee breaks & Light Lunch including drinks daily
- Certificate of Attendance

Kindly fill in the [online registration form](#) and submit deposit by 15<sup>th</sup> January 2018 as indicated. Only applications with deposit will be processed. Full payment may be paid with registration or else outstanding balance is to reach ASLP by 15<sup>th</sup> February 2018. If you have any difficulties kindly send an email to [info@aslpmalta.org](mailto:info@aslpmalta.org) and we will do our best to help you out.



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For participants coming from Overseas, the ASLP can assist in booking your accommodation at [The Palace Hotel](#) (venue where training is happening) or [The Victoria Hotel](#) (which is adjacent to the Palace Hotel and one can pass from 1 to other using an internal corridor). We would need arrival and departure dates, number of people and names. The accommodation is to be paid by participant. **ASLP will not be covering any travel or accommodation expenses.**

This is certainly a unique opportunity not to be missed.

Gertrude Buttigieg  
Vice-President



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## Trainers Biography

**Dr. Kay A. Toomey** – Paid Consultant for Nestle Infant Nutrition (Gerber division);  
Unpaid Medical Professional Council Member for Feeding Matters, (formerly P.O.P.S.I.C.L.E.);  
Paid Speaker for Education Resources, Inc.;  
Paid Speaker for STAR Institute for Sensory Processing Disorder

Dr. Kay A. Toomey is a Pediatric Psychologist who has worked with children who don't eat for almost 30 years. She has developed the SOS Approach to Feeding as a family centered program for assessing and treating children with feeding problems. Dr. Toomey speaks nationally and internationally about her approach. She also acts as a consultant to Gerber Products. Dr. Toomey helped to form The Children's Hospital – Denver's Pediatric Oral Feeding Clinic, as well as the Rose Medical Center's Pediatric Feeding Center. Dr. Toomey co-chaired the Pediatric Therapy Services Department at Rose Medical Center prior to entering private practice. Dr. Toomey acted as the Clinical Director for Toomey & Associates, Inc.'s Feeding Clinic for six years and SOS Feeding Solutions at STAR Institute for eight years. Dr. Toomey is currently the President of Toomey & Associates, Inc., and acts as a Clinical Consultant to the Feeding Clinic at STAR Institute.

**Dr. Erin Sundseth Ross** – Paid Consultant for Nestle Infant Nutrition (Gerber division);  
Unpaid Medical Professional Council Member for Feeding Matters, (formerly P.O.P.S.I.C.L.E.);  
Intellectual Property Owner, SOFFI Method<sup>SM</sup>;  
Paid Speaker for Education Resources, Inc.;  
Paid Speaker for STAR Institute for Sensory Processing Disorder

Dr. Erin Sundseth Ross is a Speech Pathologist with a Doctoral degree in Clinical Sciences – Health Services Research. She completed a two-year post-doctoral training in the Section of Nutrition and is a Clinical Instructor in the School of Medicine, Department of Pediatrics, at the University of Colorado Denver. Dr. Ross has over 25 years of experience working in the NICU within several HealthONE hospitals, and with children when she was at the SOS Feeding Solutions clinic in Denver, Colorado. Dr. Ross is the creator of the SOFFI Method<sup>SM</sup>, a feeding program for use in the NICU. She has specialized in the development of feeding skills, and the etiology and treatment of feeding and growth problems in infants and very young children from initial hospitalization through the first 5 years of life.